

# 5<sup>th</sup> INTERNATIONAL RHYTHMIC GYMNASTICS SUMMER CAMP – PULA 2012

Pula, CROATIA, 17.-25.08.2012.

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**PARTICIPANTS:** *girls born 1995. and younger*

**ORGANIZERS:** - KSRG „GAZELA“, Marsovo polje 6, Pula 52100, CROATIA  
- tourist agency GLOBESPORT, Trg kralja Tomislava 7, Pula 52100, CROATIA

**TRAINERS:** MARIYANA PAMUKOWA (BUL)  
MILENA RELJIN (SER)  
KAJA SINDIC (SLO)  
GORDANA CIMAS (CRO)  
ELENA LUNINA (RUS) ballet master  
and other established trainer from Croatia.

**Arrival day August 17, Departure day August 25, Working days 18. – 24.08. 2012.**

## **PROGRAMME OF THE CAMP:**

### **morning:**

- warming
- acrobatics
- apparatus technique
- routines

### **afternoon:**

- ballet
- body technique - jumps and leaps
  - balance
  - flexibilities and waves
  - piruets



'ROUND TABLE' for coaches related to work with younger age group.

**GALA SHOW** on main square in Pula

**TRAININGS:** trainings will be held at the school sports hall Veli Vrh (2 carpets 14 x 14 m, and ballet hall in Puntizela Camp.)

**PRICE PER GYMNAST:** 320 €

**PRICE FOR COACH:** 250 €

**Price includes:** - accommodation with 8 full boards at 3-6 bed rooms of the Puntizela Camp located across Brionian Islands near Pula  
**GPS loc: N 44° 53' 53" E 13° 48' 26"**

- tourist tax
- trainings according to the Camp programme
- transport to sport hall

### **Additional person 230 €**

\* Participation fee for participants who organize accommodation by themselves: 150 €

\* Participation fee for coach who organize accommodation by themselves: 100 €

**Registration deadline:** 01.06.2012.

Information and registration:

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YOU CAN SEE A VIDEO INVITATION ON OUR SITE [www.ksrg-gazela.hr](http://www.ksrg-gazela.hr)  
NUMBER OF PARTICIPANTS AT THE CAMP IS LIMITED TO 40.

